

# TEACHING Tobacco Newsletter

April 2026  
Issue 2 Volume 4



**TEACH**  
Tobacco Education and  
Community Health Coalition

## Happy Spring!

Vision-

A safe, healthy, and substance-free Tehama County.

Mission-

To support tobacco-free lifestyles to protect and preserve the health of our community.

Goals-

Reengage existing Coalition Partners and recruit new members.  
Educate community members about the dangers of tobacco use.  
Advocate for tobacco and control policies.



## Active Coalition Partners

Communities Energized for Health  
Tehama County Department of Education TUPE  
TCHSA Public Health

Greenville Rancheria  
TCHSA Behavioral Health  
California Tribal TANF Partnership



Tobacco use remains a major global and national health concern, causing millions of deaths annually and significant economic costs.



# Through with the Chew

This year during Through with the Chew Week and the Great American Spit Out we tabled in both Red Bluff and Corning. Our staff and a TEACH coalition member partnered to educate our community members on the health risks of tobacco and nicotine use. We provided Quit Kits to those ready to make a positive change. We still have kits available at Public Health and to handout at events throughout the year.



## Upcoming Events

**April** - Youth Summit  
ECTC Park, Sidewalk and Retail Surveys  
Tuesday Night Market Opening Day  
2026 Communities of Excellence Training

**May** - Tehama County District Fair  
Cinco de Mayo Tuesday Night Market  
TCHSA Mental Health Fair  
Capitol Information and Education Days  
World No Tobacco Day

**June** - Tuesday Night Corning Market  
Greenville Rancheria Health Fair

### STANDING TALL AGAINST TEENS USING SUBSTANCES

We have 5 active STATUS members from Red Bluff High School and some very exciting activities this Spring.

Both of our local youth coalitions, STATUS and FNL in Corning, presented and helped facilitate the Tehama County Youth Summit.

They did an amazing job and the event was a huge success.

We also have park clean-ups scheduled and Earth Day project ideas.

In May and June, we will continue to prepare presentations and train students on public speaking to decision makers.



# Quit Smoking/Vaping



## Service Channels:

1-800-300-8086 (ENG)

1-800-600-8191 (ESP)

<https://www.kickitca.org>

<http://kickitca.org/chat>

Text "Quit Smoking" or

Quit Vaping" to 66819

Quit Smoking & Quit Vaping

Mobile Apps

## TOBACCO QUITTING SERVICES IN TEHAMA COUNTY

Tehama County Health Services Agency  
Public Health Division  
(530) 527-6824

- Quit Kits
- Educational Pamphlets

Tehama County Department of Education  
Tobacco Use Prevention Education (TUPE)  
(530) 528-7391

- Youth Group Cessation Classes
  - N-O-T: Not On Tobacco

Greenville Rancheria Tribal Health Center  
(530) 528-8600

- One on One Tobacco Cessation and Support
  - Referral from Physician needed
- Quit Kits

## GET INVOLVED!

Email: [TobaccoEducationProgram@tchsa.net](mailto:TobaccoEducationProgram@tchsa.net)

Call: (530) 527-6824

## 2026 Tobacco Related Bills in the CA Legislature

AB-1695 Smoke-free state-subsidized multiunit housing developments.

AB-2667 Vape products: household hazardous waste: advertising.

SB-936 Nitrous oxide: sales.



Tehama County Health Services Agency Public Services Announcement

Kratom & 70H