

T-SHIRT DESIGN CONTEST

**Open to all Tehama County Youth!
Are you an artist or designer? Do you want your artwork displayed on
this year's Suicide Awareness Walk t-shirt?
Then this contest is for you!**



Tehama County Behavioral Health is inviting local youth to create the design for t-shirts that will be given away at this year's Suicide Awareness Walk in September. The deadline for the submission is **June 30th, 2026**

Here are the guidelines for the t-shirt designs:

- The design must consist of your own original artwork. AI generated art will not be considered.
- The design must include a positive message about Suicide Awareness and Prevention. It can include an image, but it can also just consist of the artful design of your message.
- The shirt color will be chosen based on the winning design. You may include up to three colors in your design. Please note that teal and purple represent suicide prevention awareness.

For more information about submissions, please contact:
Fernando Villegas at (530)840-1418 or Fernando.Villegas@tchsa.net
Almaris Meza at (530)567-5279 or Almaris.Meza@tchsa.net

