

TEACHING Tobacco Newsletter

January 2026
Issue 1 Volume 4



TEACH
Tobacco Education and
Community Health Coalition

Happy New Year 2026!

Vision-

A safe, healthy, and substance-free Tehama County.

Mission-

To support tobacco-free lifestyles to protect and preserve the health of our community.

New Years Goals-

Reengage existing Coalition Partners and recruit new members.
Educate community members about the dangers of tobacco use.
Advocate for tobacco and control policies.



Active Coalition Partners

Communities Energized for Health
Tehama County Department of Education
TCHSA Public Health

Lincoln Street School
Greenville Rancheria
TCHSA Behavioral Health



Cigarette smoking is a major public health concern, with over 16 million Americans living with a smoking-related disease.



Featured Member

Jena Roof

Hello! My name is Jena Roof and I am the new Health Educator at Tehama County Health Services Agency - Public Health. I attended California State University, Chico and am new to Tehama County, but not to Public Health. I am excited for my roles as the Tobacco Program Community and Coalition Engagement Coordinator and the Oral Health Program Coordinator. I enjoy visiting each community within Tehama County and helping families receive the resources they need to live healthy and happy lifestyles. Please reach out if I can be of any assistance - jena.roof@tchsa.net



Upcoming Events

February - Lose the Chew Week
Great American Spit Out

We will be partnering with our local Oral Health Program to educate our community members on the health risks of tobacco use and provide Quit Kits to those ready to make a positive change.

March - Youth Quest
Corning Children's Fair

STANDING TALL AGAINST TEENS USING SUBSTANCES

We have 5 active STATUS members from Red Bluff High School and some very exciting activities coming up. We plan on attending Youth Quest in Sacramento in March, a day filled with skill building and legislative visits at the California State Capitol.

Both of our local youth coalitions, STATUS and FNL in Corning, will be presenting and helping facilitate the Tehama County Youth Summit in April. In February and March, we will continue to prepare presentations and train students on public speaking.



Quit Smoking/Vaping



Service Channels:

- ☎ 1-800-300-8086 (ENG)
1-800-600-8191 (ESP)
- 🌐 <https://www.kickitca.org>
- 💬 <http://kickitca.org/chat>
- ✉ Text "Quit Smoking" or
Quit Vaping" to 66819
- 📱 Quit Smoking & Quit Vaping
Mobile Apps

TOBACCO QUITTING SERVICES IN TEHAMA COUNTY

Tehama County Health Services Agency
Public Health Division
(530) 527-6824

- Quit Kits
- Educational Pamphlets

Tehama County Department of Education
Tobacco Use Prevention Education (TUPE)
(530) 528-7391

- Youth Group Cessation Classes
 - N-O-T: Not On Tobacco

Greenville Rancheria Tribal Health Center
(530) 528-8600

- One on One Tobacco Cessation and Support
 - Referral from Physician needed
- Quit Kits

GET INVOLVED!

Email: TobaccoEducationProgram@tchsa.net

Call: (530) 527-6824

2026 Tobacco Related Bills in the CA Legislature

AB-762 Disposable, battery-embedded vapor inhalation device: prohibition

AB-957 Cigarette and tobacco products: retail sale: pharmacies

SB-758 Public health: kratom and nitrous oxide



Tehama County Health Services Agency Public Services Announcement

Kratom & 70H