



# Tehama County

## Tehama County Health Services Agency

JAYME BOTTKE  
EXECUTIVE DIRECTOR

MICHELLE SCHMIDT  
ASSISTANT EXECUTIVE  
DIRECTOR, PROGRAMS

ROSA CUMPSTON  
ASSISTANT EXECUTIVE DIRECTOR,  
ADMINISTRATION

MELISSA FIELD  
COMPLIANCE OFFICER

NATALIE SHEPARD BEHAVIORAL  
HEALTH DIRECTOR

**Jean Shackelford -  
Chairperson**  
*Patient Care Services*

**Charla Sojka - Vice  
Chairperson**  
*Consumer*

**Matt Hansen**  
*Board of Supervisors Representative*

**Steven Becker**  
*Law Enforcement*

**Darbie Andrews**  
*Children's Advocate*

**Wendy Lathum**  
*Consumer*

**Avery Vilche**  
*Family Member Representative*

**Cheryl Boughton**  
*Family Member Representative*

**Daniel Buchanan**  
*Family Member Representative*

**Maria Ramirez**  
*Family Member Representative*

**Michael Logan**  
*Family Member Representative*

**Nischa Gall**  
*Family Member Representative*

**Jimmy Rolson**  
*Consumer*

BEHAVIORAL HEALTH  
1860 WALNUT STREET, BLDG A  
MAILING ADDRESS:  
PO BOX 400  
RED BLUFF, CA 96080  
(530) 527-8491  
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## BEHAVIORAL HEALTH ADVISORY BOARD

### Agenda

**February 18, 2026**

**12:15pm - 1:30pm**

**Shasta Room, 1860 Walnut St, Bldg. D, Red Bluff, CA 96080**

[Click here to join the meeting](#)

**Call +1 805-456-4468, 144960451# Conference ID: 144 960 451#**

**Reminder, your microphone should be muted when you are not speaking during the meeting.**

- I. Welcome/Introductions**
- II. Public Comment**  
*This is a time set aside for Tehama County residents to address the Behavioral Health Advisory Board on items noted for discussion or consideration on this agenda, or issues under the purview of this Board.*
- III. Organization Updates & General Announcements**
  - a. NAMI on Campus & New Hope Teen Center
  - b. Restpadd
  - c. Wellness Center Group Activities
  - d. Empower Tehama
  - e. Police Activities League (P.A.L.)
- IV. Discussion and Possible Action**
  - a. Daniel Buchanan – Board Vote
  - b. Yuliana Moreno – Board Vote
  - c. Review, amend, or approve minutes from January 21, 2026.
- V. Director's Report**
  - a. Health Services Agency- Behavioral Health Updates
    - i. Department and State Updates
    - ii. Staffing Updates
    - iii. Program Updates
  - b. Health Services Agency- Substance Use Recovery Updates
    - i. Department and State Updates
    - ii. Staffing Updates
    - iii. Program Updates



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## BEHAVIORAL HEALTH ADVISORY BOARD

**VI. Training Opportunities**

**VII. Additions or Changes for the next Agenda**

**VIII. Adjournment and Next Meeting Dates**

### 2026 BHAB Meeting Dates

~~January 21<sup>st</sup>~~

March 18<sup>th</sup>

May 13<sup>th</sup>

August 19<sup>th</sup>

October 21<sup>st</sup>

~~February 18<sup>th</sup>~~

April 15<sup>th</sup>

June 17<sup>th</sup>

September 16<sup>th</sup>

November 18<sup>th</sup>