

FREE CLASS

Nurturing Families

**Once a week for 10-16 Weeks
Depending on each parent's need!
To Start a new class please call to
get on the list.**

**1860 Walnut Street,
Suite G., Red Bluff, CA 96080**

**SNACKS AND
INCENTIVES PROVIDED!**

WHO IS ELIGIBLE?

***Any Parent with children ages
5-19!***



The Nurturing Families Program is dedicated to helping parents and caretakers learn tools and new parenting techniques to raise their children in a nurturing way.

- * Learn to communicate effectively with your family
- * Gain tools to strengthen your relationship with your children
- * Increase your self-awareness and empathy skills

Certificate of completion awarded at your last class!

To register, contact Fernando Villegas,

Nurturing Families Facilitator

Phone 530-840-1418 or email: Fernando.Villegas@tchsa.net

