

STROKE

is a leading cause of disability and death. It can take away your ability to talk, walk, and think clearly.



Almost 800,000 strokes occur each year in the United States. Most of them affect people over the age of 65, but the stroke rate is rising in adults under age 49. Stroke can happen to anyone -- even if you're young.

The Corning Senior Center in cooperation with the Corning Healthcare District invite you to a special workshop with Heidi Henderson, Stroke Coordinator and Jill Wabbel, Trauma Program Manager from St. Elizabeth Community Hospital. Learn about falls prevention and the ways you can you can disrupt stroke with intervention and immediate treatment.

PLACE: CORNING SENIOR CENTER

DAY: WEDNESDAY, FEBRUARY 26TH

TIME: 10:30 A.M.

Lunch following the workshop is free with reservation. Call Karen at 530-824-4727 by Monday, February 24th to reserve your space.