



Tehama County

MENTAL HEALTH BOARD

Agenda

Wednesday, February 19, 2025

12:15pm - 1:30pm

Shasta Room, 1860 Walnut St, Bldg. D, Red Bluff, CA 96080

[Click here to join the meeting](#)

Call [+1 805-456-4468, 144960451#](tel:+18054564468) **Conference ID:** 144 960 451#

Reminder, your microphone should be muted when you are not speaking during the meeting.

Tehama County Health Services Agency

JAYME BOTTKÉ
EXECUTIVE DIRECTOR

MICHELLE SCHMIDT
ASSISTANT EXECUTIVE
DIRECTOR, PROGRAMS

DEANNA GEE
ASSISTANT EXECUTIVE
DIRECTOR, ADMINISTRATION

MELISSA FIELD
COMPLIANCE OFFICER

NATALIE SHEPARD
BEHAVIORAL HEALTH
DIRECTOR

Jean Shackelford-
Chairperson
Patient Care Services

Charla Sojka- Vice
Chairperson
Consumer

Steven Becker
Criminal Justice Rep.

Darbie Andrews
Children's Advocate

Candy Carlson
Board of Supervisors Rep.

Cheryl Boughton
Family Member

Wendy Lathum
Consumer

Nischa Gall
Family Member
Representative

I. Welcome/Introductions

II. Public Comment

This is a time set aside for Tehama County residents to address the Mental Health Board on items noted for discussion or consideration on this agenda, or issues under the purview of this Board.

III. Organization Updates & General Announcements

- a. NAMI on Campus
 - i. No report Available this month
- b. Restpadd
 - i. Report by Maria Ramirez
- c. Wellness Center Group Activities
 - i. Report by Consumer Representative
- d. MHSA
 - i. Report by Travis Lyon, MHSA Coordinator
 - No Place Like Home (NPLH) update.

IV. Discussion and Possible Action

- a. Review, amend, or approve minutes from January 15, 2025.
- b. Review, amend, or approve new Bylaws.
- c. Review, amend, or approve membership applications.
- d. Review, amend, or approve date for Ethics Training.

V. Director's Report

- a. Health Services Agency- Behavioral Health Updates and State Updates by Natalie Shepard, MH Director
 - i. Board Integration Updates
 - ii. Staffing Updates
 - iii. Program Updates
 - iv. State Initiatives

BEHAVIORAL HEALTH
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- b. Department Updates by Brian Emery, SURS Supervisor
 - i. Department and State Updates
 - ii. Staffing Updates
 - iii. Program Updates

VI. Training Opportunities

VII. Additions or Changes for the next Agenda

VIII. Adjournment and Next Meeting Dates

2025 MHB Meeting Dates:

January 15th	June 18th
February 19th	August 20th
March 19th	September 17th
April 16th	October 15th
May 21st	November 19th

Any written materials related to an open session item on this agenda that are submitted to the Mental Health Board less than 72 hours prior to the Board meeting, and that are not exempt from disclosure under the Public Records Act, will promptly be made available for public inspection at Tehama County Health Services Agency, Behavioral Health, 1860 Walnut Street, Suite A, Red Bluff, California, during normal business hours.

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