



Tehama County

MENTAL HEALTH BOARD

Agenda

Wednesday, October 16, 2024

12:15pm - 1:30pm

Shasta Room, 1860 Walnut St, Bldg. D, Red Bluff, CA 96080

[Click here to join the meeting](#)

Call [+1 805-456-4468](tel:+18054564468), [144960451#](tel:+18054561449) **Conference ID:** 144 960 451#

Reminder, your microphone should be muted when you are not speaking during the meeting.

Tehama County Health Services Agency

JAYME BOTTKE
EXECUTIVE DIRECTOR

ALEXIS ROSS
ASSISTANT EXECUTIVE
DIRECTOR, PROGRAMS

DEANNA GEE
ASSISTANT EXECUTIVE
DIRECTOR, ADMINISTRATION

MELISSA FIELD
COMPLIANCE OFFICER

NATALIE SHEPARD
BEHAVIORAL HEALTH
DIRECTOR

Jean Shackelford-
Chairperson
Patient Care Services

Charla Sojka- Vice
Chairperson
Consumer

Steven Becker
Criminal Justice Rep.

Darbie Andrews
Children's Advocate

Candy Carlson
Board of Supervisors Rep.

Cheryl Boughton
Family Member

Laurie Lidie
Community Representative

Wendy Lathum
Consumer

Nischa Gall
Family Member
Representative

BEHAVIORAL HEALTH
1860 WALNUT STREET,
BLDG A
MAILING ADDRESS:
PO Box 400
RED BLUFF, CA 96080
(530) 527-8491
FAX (530) 527-0240

I. Welcome/Introductions

II. Public Comment

This is a time set aside for Tehama County residents to address the Mental Health Board on items noted for discussion or consideration on this agenda, or issues under the purview of this Board.

III. Organization Updates & General Announcements

- a. NAMI on Campus
 - i. Report from Tehama County NAMI on Campus: Darbie Andrews, Children's Advocate
- b. Restpadd
 - i. Report by Laurie Lidie, Clinical Director
- c. Wellness Center Group Activities
 - i. Report by Consumer Representative
- d. MHSA
 - i. Report by Travis Lyon, MHSA Coordinator
 - No Place Like Home (NPLH) update.

IV. Discussion and Possible Action

- a. Review, amend, or approve minutes from September 18, 2024.
- b. Discuss and/or approve integration of Drug and Alcohol Advisory Board with Mental Health Board.

V. Director's Report

- a. Health Services Agency- Behavioral Health Updates by Natalie Shepard, MH Director
 - i. Staffing Updates
- b. Department and State Updates by Jayme Bottke, Executive Director
 - i. Department and State Updates



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VI. Training Opportunities

VII. Additions or Changes for the next Agenda

VIII. Adjournment and Next Meeting Dates

2024 MHB Meeting Dates:

January 17 th	June 18 th
February 21 st	August 21 st
March 20 th	September 18 th
April 17 th	October 16 th
May 15 th	November 20 th

Any written materials related to an open session item on this agenda that are submitted to the Mental Health Board less than 72 hours prior to the Board meeting, and that are not exempt from disclosure under the Public Records Act, will promptly be made available for public inspection at Tehama County Health Services Agency, Behavioral Health, 1860 Walnut Street, Suite A, Red Bluff, California, during normal business hours.

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