



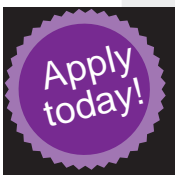
## Join WIC and your family for a bright and healthy future.

### WIC benefits include:

- Healthy foods
- Nutrition and health information
- Breastfeeding support
- Referrals to health care and community services

### You may qualify if you live in California and:

- Are pregnant, breastfeeding, just had a baby (or recent pregnancy loss), or care for a child under age 5 and
- Have low-to-medium income or receive Medi-Cal, CalWORKs (TANF), or CalFresh (SNAP) benefits.



Newly pregnant individuals, working families, including military and migrant families, are encouraged to apply! WIC welcomes partners, grandparents, foster parents, and guardians who care for eligible children.



California Department of Public Health, California WIC program  
This institution is an equal opportunity provider.

1-800-852-5770 MyFamily.WIC.gov

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