

SCENARIO	TEHAMA COUNTY GUIDANCE
<b>ISOLATION-TESTED + (General Populations and Schools)</b>	
Test Positive - Not vaccinated	<ul style="list-style-type: none"> <li>• 10 DAY Isolation since positive test or symptoms started</li> <li>• At least 24 hours have passed <i>since recovery</i>; defined as resolution of fever without the use of fever-reducing medications <b>and</b> improvement in symptoms.</li> </ul>
Test Positive - Fully vaccinated and booster eligible	<ul style="list-style-type: none"> <li>• 10 DAY Isolation since positive test or symptoms started</li> <li>• At least 24 hours have passed <i>since recovery</i>; defined as resolution of fever without the use of fever-reducing medications <b>and</b> improvement in symptoms.</li> </ul>
Test Positive – Boosted Test Positive - Fully Vaccinated, but not yet booster-eligible	<ul style="list-style-type: none"> <li>• <b>Stay home</b> (PDF) for at least 5 days.</li> <li>• Isolation can end after day 5 if symptoms are not present or are resolving <b>and</b> a diagnostic specimen (Antigen preferred) collected on day 5 or later tests negative.</li> <li>• If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.</li> <li>• If fever is present, isolation should be continued until fever resolves.</li> <li>• If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.</li> <li>• Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings</li> </ul>
Test Positive – Boosted	<ul style="list-style-type: none"> <li>• <b>Stay home</b> (PDF) for at least 5 days.</li> <li>• Isolation can end after day 5 if symptoms are not present or are resolving <b>and</b> a diagnostic specimen (Antigen preferred) collected on day 5 or later tests negative.</li> <li>• If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.</li> <li>• If fever is present, isolation should be continued until fever resolves.</li> <li>• If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.</li> <li>• Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings</li> </ul>
Test Positive - Previous Infection (People who were previously infected in the last 90 days shouldn't be tested unless they develop new symptoms after recovery from previous infection. If such people are tested, they should have an antigen test and not a PCR.)	<ul style="list-style-type: none"> <li>• <b>Stay home</b> (PDF) for at least 5 days.</li> <li>• Isolation can end after day 5 if symptoms are not present or are resolving <b>and</b> a diagnostic specimen (Antigen preferred) collected on day 5 or later tests negative.</li> <li>• If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.</li> <li>• If fever is present, isolation should be continued until fever resolves.</li> <li>• If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.</li> </ul>

	<ul style="list-style-type: none"> <li>Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings</li> </ul>
<b>QUARANTINE-PERSON EXPOSED TO SOMEONE WITH COVID-19 (General Population)</b>	
Unvaccinated	<ul style="list-style-type: none"> <li>10 DAY Quarantine since last exposure to someone with COVID-19</li> <li>Symptom free for at least 24 hours prior to the end of the quarantine without the use of fever-reducing medications <b>and</b> improvement in symptoms.</li> </ul>
Vaccinated and booster-eligible but have not received booster dose	<ul style="list-style-type: none"> <li>10 DAY Quarantine since last exposure to someone with COVID-19</li> <li>Symptom free for at least 24 hours prior to the end of the quarantine without the use of fever-reducing medications <b>and</b> improvement in symptoms.</li> </ul>
Boosted	<ul style="list-style-type: none"> <li>Test on day 5.</li> <li>Wear a well-fitting mask around others for 10 days, especially in indoor settings</li> <li>If symptoms develop, test and stay home.</li> <li>If testing positive, follow isolation recommendations above.</li> </ul>
Vaccinated, but not yet booster-eligible	<ul style="list-style-type: none"> <li>Test on day 5.</li> <li>Wear a well-fitting mask around others for 10 days, especially in indoor settings</li> <li>If symptoms develop, test and stay home.</li> <li>If testing positive, follow isolation recommendations above.</li> </ul>
Previous Infection (People who were previously infected in the last 90 days)	<ul style="list-style-type: none"> <li>Wear a well-fitting mask around others for 10 days, especially in indoor settings</li> <li>If symptoms develop, test with antigen test and stay home</li> <li>If testing positive, follow isolation recommendations above.</li> </ul>
<b>QUARANTINE-PERSON EXPOSED TO SOMEONE WITH COVID-19 (School Exposure-Individual Based Tracing)</b>	
Vaccinated or Previously Infected in last 90 days	<ul style="list-style-type: none"> <li>No quarantine if asymptomatic</li> <li>If symptoms develop, they must test and stay home</li> </ul>
Unvaccinated or Partially Vaccinated nor Previously Infected in last 90 days – both parties were wearing masks in any school setting in which students are supervised by school staff	<p>Modified Quarantine: They may continue to attend school for in-person instruction if they:</p> <ol style="list-style-type: none"> <li>Are asymptomatic;</li> <li>Continue to appropriately mask, as required;</li> <li>Undergo at least twice weekly testing during quarantine; and</li> <li>Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.</li> </ol>
Unvaccinated or Partially Vaccinated nor Previously Infected in last 90 days – students who were	<ol style="list-style-type: none"> <li>Quarantine can end after Day 5 if symptoms are not present and a diagnostic specimen collected on day 5 or later tests negative.</li> </ol>

<p>not wearing masks or for whom the infected individual was not wearing a mask during the exposure</p>	<p>b. If unable to test or choose not to test, and symptoms are not present, quarantine can end after day 10</p>
<p><b>QUARANTINE-PERSON EXPOSED TO SOMEONE WITH COVID-19 (School Exposure-Group Tracing)</b></p>	
	<ol style="list-style-type: none"> <li>1. Schools should notify students who spent more than a cumulative total of 15 minutes (within a 24-hour time period) in a shared indoor airspace (e.g., classroom) with someone with COVID-19 during their period of infectiousness. <ol style="list-style-type: none"> <li>1. Notification should occur to "groups" of exposed students (e.g., classmates, teammates, cohorts, etc.) rather than contact tracing to identify individual "close contacts" (e.g., those within 6 feet).</li> <li>2. Notifications should be provided to all individuals considered exposed, including those who are vaccinated and/or recently infected. <ol style="list-style-type: none"> <li>1. For example, if a student in tenth grade is diagnosed with COVID-19, the school should notify groups with whom that student interacted as per the criteria above, such as those in the same classes, sports team, and/or other extracurricular cohorts.</li> <li>2. A sample notification letter is available <a href="#">here</a> for school edit and use.</li> </ol> </li> </ol> </li> </ol>
	<ol style="list-style-type: none"> <li>2. Exposed students, regardless of COVID-19 vaccination status or prior infection, should get tested for COVID-19 with at least one diagnostic test obtained within 3-5 days after last exposure. <ol style="list-style-type: none"> <li>1. In the event of wide-scale and/or repeated exposures, broader (e.g., grade-wide or campus-wide) once weekly testing for COVID-19 may be considered until such time that exposure events become less frequent.</li> <li>2. Any FDA-approved antigen diagnostic test, PCR diagnostic test, or pooled PCR test is acceptable for evaluation of an individual's COVID-19 status. For individuals who have been recently infected (within the past 90 days), antigen testing is strongly recommended as PCR results may remain persistently positive and not be indicative of a new active infection. Repeat antigen testing and/or confirmatory molecular testing should be considered in individuals who receive a negative result with an antigen test but have symptoms specific for COVID-19 (such as loss of taste and smell).</li> </ol> </li> </ol>
	<ol style="list-style-type: none"> <li>3. Exposed students who participate in testing may continue to take part in all aspects of K-12 schooling, including sports and extracurricular activities, unless they develop</li> </ol>

symptoms or test positive for COVID-19. They should test as recommended in Section (2), report positive test results to the school, and follow other components of this guidance, including wearing face-coverings as directed.

1. Exposed students who develop symptoms should get tested, and advise staff members and students with symptoms of COVID-19 infection not to return for in-person instruction until they have met CDPH criteria to return to school for those with symptoms:
  - i. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
  - ii. Other symptoms have improved; and
  - iii. They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.
2. Exposed students who receive a positive test result should isolate in accordance with guidance above.

Updated on January 14, 2022

Jennifer Brown, MD

**Signature:**   
Jennifer Brown (Jan 14, 2022 14:13 PST)

**Email:** jennifer.brown@tchsa.net

# General Population and Updated School Isolation and Quarantine starting on 1-14-2022

Final Audit Report

2022-01-14

Created:	2022-01-14
By:	Michelle Schmidt (schmidtm@tchsa.net)
Status:	Signed
Transaction ID:	CBJCHBCAABAArZtH38-lk3Jlru14JOCh7iupkrFTilxG

## "General Population and Updated School Isolation and Quarantine starting on 1-14-2022" History

-  Document created by Michelle Schmidt (schmidtm@tchsa.net)  
2022-01-14 - 10:09:52 PM GMT
-  Document emailed to Jennifer Brown (jennifer.brown@tchsa.net) for signature  
2022-01-14 - 10:10:07 PM GMT
-  Email viewed by Jennifer Brown (jennifer.brown@tchsa.net)  
2022-01-14 - 10:12:02 PM GMT
-  Document e-signed by Jennifer Brown (jennifer.brown@tchsa.net)  
Signature Date: 2022-01-14 - 10:13:03 PM GMT - Time Source: server
-  Agreement completed.  
2022-01-14 - 10:13:03 PM GMT