

TEHAMA COUNTY MENTAL HEALTH BOARD MEETING
September 15, 2021

Members:

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| <input checked="" type="checkbox"/> Charla Jensen, Chair
<input checked="" type="checkbox"/> Donna Ceremony
<input checked="" type="checkbox"/> Steve Chamblin
<input type="checkbox"/> Rosie Flores-Wilfong
<input checked="" type="checkbox"/> Lonni Jones | <input checked="" type="checkbox"/> Jackie Hernandez
<input checked="" type="checkbox"/> Jean Shackelford
<input type="checkbox"/> Janice Horner
<input type="checkbox"/> |
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Quorum Present? Yes No

Present: Charla Jensen, Donna Ceremony, Steve Chamblin, Lonni Jones, Jackie Hernandez, Jean Shackelford

Absent: Rosie Flores-Wilfong and Janice Horner.

Guests: TCHSA Admin Support: Travis Lyon, Monique Hernandez, Avery Vilche, and Jayme Bottke

TOPIC	DISCUSSION	ACTION
Welcome & Introductions	Charla Jensen welcomed all who were present.	
Public Comments	None.	
Mental Health Board	Charla Jensen opened the Mental Health Board meeting at 12:34 PM.	
Organization Updates & General Announcements	None.	
Approval of Minutes	<p>Review of the June 16, 2021, minutes.</p> <p>Jackie Hernandez asked if there were minutes from the last scheduled meeting on August 18, 2021. Jayme Bottke advised the Board that when there is no quorum, we cannot take minutes, as we must follow Brown Act guidelines.</p>	Jean Shackelford moved to approve the minutes, it was seconded by Donna Ceremony and then a unanimous approval was received.
Discussion and Possible Action	None.	

NAMI Update	<p>Presented by Jackie Hernandez:</p> <p>NAMI is currently working with Darbie Andrews, a counselor at Red Bluff High School (RBHS) and attending NAMI on Campus's weekly meetings every Thursday. 2 weeks ago, 200 students signed a pledge to take care of their mental health. Jackie announced that there has been an increase in student participants as there were 30 students present at last week's meeting which was the highest attendance yet.</p> <p>Since September is Suicide Awareness month, Jackie chose to speak to the students about recognizing signs of suicide, asking the appropriate questions, and sharing resources if someone is contemplating suicide.</p> <p>Jackie stated that after the meeting, a student left and came back and said there is someone they knew who was dealing with suicide. Jackie and Darbie were able to offer additional resources to the student.</p> <p>Jackie proceeded to thank Travis, Fernando, and Avery for all their hard work and assistance with May is Mental Health Month. Because of their assistance, NAMI was able to provide the students at RBHS with drinks, snacks, T-Shirts, and sweatshirts. This has made a huge impact and NAMI is a Mental Health Club on campus and is interesting for students to engage. Without their help none of this would have happened.</p> <p>Jackie then asked Monique to please share her screen as she presented the trio with a certification of appreciation from NAMI.</p>	<p>Monique will frame and distribute the certificates to Travis, Avery, and Fernando.</p>
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MHSA

Presented by Travis Lyon:

Travis shared pictures from the STANS Center which is now partially open. There are groups every day of the week such as: Two Peer groups on Mondays and Thursdays, Drumming on Wednesdays, and 'referral only groups' which are Anger Management and Life Skills; one of the classes are 'Seeking Safety' and the other is 'Symptom Management' lead by Case Resource Specialists (CRS) Mark Morlan and Xochitl Cepeda.

Travis, Ron Culver, and the Peers from Northern Valley Catholic Social Services (NVCSS) plan on having multiple groups going throughout the week so that the Peers have an opportunity to post groups every day of the week as opposed to just Mondays and Thursdays.

A new bulletin board can be seen in front of the STANS Wellness Center where announcements, groups, and upcoming events are posted. The team is currently working on getting a Spanish version. Travis asked Avery if she could share past and upcoming events for September.

Avery shared the following updates:

September 2nd & 3rd- Co-Facilitated with Colter Diehl, there was an in person 'Applied Suicide Intervention Skills Training' (ASIST) training class at the Day Reporting Center. Avery added that there were 11 people who completed the training.

September 9th- Safe Talk at Red Bluff High School; there were 20 students who attended.

September 10th-Suicide Walk. This was held in Corning, Los Molinos, and Red Bluff. Avery shared pictures from the walk and added that there were well over 200 people who participated; stating that the Corning walk was special

because most participants were young children and from the PAL Mentoring Program. Moments from the walk can be seen in The Daily News.

September 22nd- Avery will be speaking about Suicide Prevention at the Corning Rotary meeting.

September 24th- Frank King, Suicide Prevention speaker who is known as the 'Mental Health Comedian', will be speaking to the students at Salisbury, Corning, and Red Bluff High Schools. Funding was provided by Corning Promise, Rolling Hills Clinic, Red Bluff High School, and Tehama County Health Services Agency.

Suicide Awareness Kits- Taken to Salisbury High School, Vista Prep, Gerber Elementary, Lincoln Street School, Rancho Tehama School, Corning High, and Red Bluff High School. There are more kits to give out however they were not able to due to closures related to COVID-19.

Travis added that permission has been granted to have Peers work in the Juvenile Facility to work on their garden, mending plants, weed eating, watering, and harvesting vegetables and fruits. This has been a unique opportunity, and the individuals at the jail have said how much they appreciate the Peers.

Charla thanked Avery and Travis for all their hard work with the youth and the community, adding that their enthusiasm is an impetus for a lot of people.

<p>Wellness Center</p>	<p>Charla mentioned that Travis was able to update the Board earlier however she would like to check in with Ron Culver.</p> <p>Ron was not present so Travis mentioned that in addition to the previous update, they are working on getting the internet established for NVCSS so that they can move the TalkLine into the Wellness Center, they are hoping to get it up and running in the next few weeks.</p>	
<p>Review Board Membership Actions</p>	<p>Yvette Borden- request approval to accept resignation effective March 11, 2021.</p> <p>Lonni Jones- request review of her application, and approval for her appointment to fill the unexpired term of Yvette Borden, Criminal Justice Representative expiring 12/31/2022.</p> <p>Shelley McCullough- request review of her application and approve appointment to fill vacant Consumer/Family Member position from October 20,2021 through December 31, 2023.</p> <p>Rosie Flores-Wilfong- request review of her application and approve appointment to fill vacant Community Representative position from January 1, 2021, through December 31, 2023.</p>	<p>Jean Shackelford moved to approve the resignation, it was seconded by Donna Ceremony, and then a unanimous approval was received.</p> <p>Donna Ceremony moved to approve membership, it was seconded by Jackie Hernandez, and then a unanimous approval was received.</p> <p>Jean Shackelford moved to approve the membership, it was seconded by Donna Ceremony, and then a unanimous approval was received.</p> <p>Jackie Hernandez moved to approve the membership, it was seconded by Donna Ceremony, and then a unanimous approval was received.</p>

Directors Report	<p>Presented by Jayme Bottke:</p> <p>Since the last Mental Health Board meeting, there have been additional COVID-19 mandates from the state for all healthcare workers including Behavioral Health and Substance Use Recovery.</p> <p>These mandates came in different forms, one included masking indoors regardless of vaccination status and the other requires weekly testing for unvaccinated staff. to the Agency implemented weekly testing for unvaccinated staff at LHI on County time on August 16, 2021.</p> <p>Soon after, a mandate directly from the State Public Health Officer was issued requiring staff to be vaccinated for COVID-19 with a deadline of September 30, 2021. There are limited exemptions that can be sought for medical or religious reasons. If at the end of the September 30th deadline there are staff that have chosen to not get vaccinated and do not have an exemption turned in, the Agency will move to a process of potential disciplinary action that can include separation from the Agency.</p> <p>Furthermore, Jayme informed the Board that we are working diligently to put a procedure in place, and continue to work with staff who have questions about the vaccination..</p> <p>The Agency had Dr. Brown, Health Officer and members of the Public Health team provide 3 'Q&A' sessions to staff, making themselves available to answer questions. These sessions were well attended by Agency staff and Dr. Brown did a fantastic job answering questions staff had and talking about complicated topics regarding COVID-19 and vaccination. The Agency continues to see additional staff getting vaccinated over these past few weeks.</p> <p>This has been a very difficult process, however Jayme stated that she believes we have done everything we can to try to</p>	
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work with staff and help them make an informed decision about the vaccine.

Jayne asked the Board if they had any questions before she moved on, and there were none.

Recruitment- Since the last Mental Health Board meeting, on August 24, 2021, Tehama County Board of Supervisors (BOS) approved additional salary increases for hard to fill positions.

There are positions that the Agency took forward to the BOS where we have had several failed recruitment attempts, and of those, specifically impacting Behavioral Health were the Clinicians, which includes Behavioral Clinician I, II, and III, as well as the Licensed Clinical Supervisor which received a 7.5% pay increase. The Nursing series that impact our Crisis Unit and Jail nursing staff received a 10% pay increase.

The percentages were derived by salary surveys of surrounding counties with comparable positions.

During the recruitment and interview process the Agency is being transparent with the candidates regarding COVID-19 vaccine requirement from the State Public Health Officer, however we are unsure of the impact the vaccine mandate will have on future recruitments.

Jean asked if the Agency could utilize traveling nurses.

Jayne stated that we have several contracts for nursing positions and for clinicians that provide telehealth, however the availability has been limited due to a shortage across the state.

We have been able to bring on a full-time Clinician, Nancy Martin through one of our newer contracts, Iris Telehealth and will be bringing another clinician on board in October through the same contract.

	<p>In addition, we are looking at new and different ways to utilize staff and contracts. In the coming months, we will be reaching out to the schools in the area to see if we can potentially provide internship experiences for people who are going down a track to get a degree in social work, possibly a master's in social work.</p> <p>The Agency has been experiencing vacancies in the Case Resource Specialist position so the goal is to talk with the school programs to see if we could get extra help who can work part time.</p> <p>Jackie commended the Agency for obtaining raises for hard to fill positions, and for being so positive with so many different things going on with COVID-19.</p> <p>Jayne added that a positive outcome from COVID-19 is that it has taught us to be flexible and to be willing to shift and change at a moment's notice, and overall, teaching us to work differently which is a good thing.</p> <p>Jayne ended by saying that the Agency has an amazing group of staff and believes they have proven that even with the adversity of the pandemic, there are positives that are coming out of it in terms of staff ingenuity and dedication demonstrated during this difficult situation.</p>	
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Training Opportunities	<p>Mental Health First Aid- Virtual training available to register on Eventbrite.com on October 1, 2021.</p> <p>Brown Act Training- Virtual training facilitated by Margaret Long, our interim County Council, is providing 2 trainings, one on Monday, September 20, 2021, from 9:00 AM- 11:00 AM, and the other is Wednesday, September 22, 2021, from 9:00 AM- 11:00 AM.</p>	
Meeting Adjourned	The meeting was adjourned by Charla at 1:04 PM.	
Next MH Board Meeting	The next meeting will be, October 20, 2021, on Microsoft Teams at 12:15 pm.	

Minutes completed by Monique Hernandez, Administrative Assistant.