

# The World is a Better Place with YOU in it!

Join us for our 1ST annual  
**2020 Virtual Suicide Awareness Walk**  
During Suicide Awareness Week  
September 6th-12th, 2020

**With COVID-19 restrictions on large gatherings,  
an in-person event isn't possible. A virtual walk  
allows everyone to participate.**

## Here's How:

- You sign up with us at address below
- Print Out your own walk 'bib'
- Perform your walk or other physical activity
- Come by and pick up your event t-Shirt
- You can be a part of this FREE event as a family, by yourself or with any group of less than 10 that wears masks and practices social distancing
- We will send you information about keeping mentally healthy during this challenging time and teach you how to help others who are having a hard time

**Get signed up at the following link:**

<https://www.eventbrite.com/e/2020-virtual-suicide-awareness-walk-tickets-109426557780>



**Sponsored by TCHSA-  
Behavioral Health**  
**This event is supported  
with MHA Funding**

