



**MAY IS MENTAL  
HEALTH MATTERS  
MONTH** #EachMindMatters

**Let's celebrate!!!**

**Drive by and pick up your own  
Covid-19 Coping Toolkit  
On May 22nd from 10am-11am  
At Grocery Outlet in Red Bluff**

**These free kits will provide you tools to  
help you thrive in these difficult times**

**Don't miss out- ONLY 300 kits available!**



**For more information  
Contact Avery Vilche  
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