

TEHAMA COUNTY HEALTH SERVICES AGENCY



Public Health Advisory Board Meeting

Minutes for Thursday, March 07, 2019

Present: Linda Lucas, Carla Schutter, Kristin Behrens, Tina Brown, Lucretia Fletcher, Melissa Heffley, Sharon Sinclair, Maggie Michael, Teresa Castro de Altamirano, Minnie Sagar, Ashley Schaack, Jenn Muniz, Gina, Mindi Johnson

Excused: Jean Shackelford

Absent: Ruby Rodriguez

Subject	Discussion	Action
Welcome/Introductions	Linda opened the meeting at 1:20pm and introductions were made.	
Review/Approval of Minutes	The February 7, 2019 meeting minutes were reviewed. Carla & Kris.	
Public Comment	There was no public present.	
General Announcements	<p>Stop the Bleed Class: 4/1/19 3:00-4:30 in the Shasta Room. Registration required. Email Ashley.schaack@tchsa.net to register.</p> <p>Free Legal Help for Camp Fire Impacted Residents. 3/22/19 12:00-5:00 at 541 Normal Ave., Chico, CA. Call 345-9491 to book appointment.</p> <p>Strengthening Families Event 4/6/19 from 9-12 @ Prime Cinemas. Car Seat Check, Free family movie, bilingual activities, giveaways.</p> <p>Walk a Mile In Their Shoes in honor of Sexual Assault Awareness month in April – pushed out to May. Free event. Women wear men shoes, men wear women’s shoes.</p> <p>WIC has created Breastfeeding Door Hangers for employers to provide to their staff that are breastfeeding. Each door hanger has the law stated on there that requires employers to accommodate breastfeeding employees.</p> <p>Kris is on the Board of United Way and chair of 211 advisory committee –</p>	

	<p>she asked if PHAB would like a presentation? One of the grants from Mercy was for an opioid hotline routing through 211. There is a new program manager, Kaley (marketing, outreach, feedback to increase users), works with Haley (reporting and website updates). More information on United Way and grant information would be helpful. Kris will email information to Ashley and presentations will be scheduled.</p>	
<p>Public Health Update</p>	<p>Flu Mandate extended to 4/30/19. Vaccination or masking is required for all healthcare providers.</p> <p>Tobacco Healthy Stores for Healthy Communities campaign is doing a retail survey. There will be a training on conducting surveys. It's an app used on a tablet that collects the data – Kris has done it in the past and it was really fun. This is a full-day training on Thursday, March 21st. Maggie suggested contacting CaWORKS. Contact Karla via email at Karla.DamianVazquez@tchsa.net to sign-up or call her directly at 527-8491 x3501.</p> <p>Public Health Week is coming up the first week of April. PH Staff will be providing a luncheon to PHAB Members on 4/4 from 12-1 in the Shasta Room. Monday is “Healthy Communities Day” so our HPP Coordinator from St. Elizabeth Community Hospital will be teach a Stop the Bleed Class – it is open to the public, registration is required. Tuesday is “Violence Prevention” day and we are looking to partner with Empower Tehama. Wednesday is “Rural Health” day so the Oral Health, Tobacco and Emergency Preparedness programs are going up to do some education to the kids in the Manton after-school program. Thursday is “Technology in Public Health” so Ashley Fasking, director of the WIC program will be presenting the new eWIC card coming later this year to the PHAB. Friday is “Climate Change” day and Minnie and Janet are creating an informational brochure to provide at all the events throughout the week. Saturday is “Global Health” and PH will be hosting a car seat check at the Strengthening Families event hosted by CAPC and First 5 at the movie</p>	

theater parking lot. The Proclamation and Employee of the Year will be presented on 4/2 at the Board of Supervisors.

Staffing: down 2 supervisors, OA, and nurses. There is an offer out to a Family Support Worker for the Home Visiting Initiative with DSS, and an offer out for a nurse who is finishing school in May.

NEOP: Nutrition Education component of the SNAP-ed program requires an integrated work plan within the community. Minnie, WIC Supervisor, and WIC Registered Dietitian working on the plan. This year will focus more on physical activity and expand on the efforts started with our walking brochure with outreach to parks/recreation departments. The proposed plan is due 4/12/19.

Census meeting today. 2020 is a census year and CA has funding set aside to target outreach to increase response rate. Will identify activities and a strategic plan. Reviewed data on hard to reach populations; Rancho Tehama, Corning, areas without internet access, etc. Brainstormed gaps & challenges to having it mainly online; not sure if paper surveys will be available. Greenville Rancheria had set up a kiosk in 2010 census and that was discussed as an option at today's meeting for local healthcare providers.

Prelim budgets currently being reviewed. 20 grant funded programs in Public Health. Looking at how Public Health is organized and discussing reorganization. Michelle is currently at a Nursing Director meeting and they will be discussing the proposed increase of PHN Certificate fees by the state. We take interns from CSUC and it helps increase their understanding and interest of Public Health. OTS is the only grant not funded by CDPH and the amount has decreased each year we've received it. The amount is not enough for us to fulfill the requirements of the grant so we will not reapply this year but we are still mandated to provide car seat education. We do have fine money available to help continue a car seat education program and looking at other programs to cover staff time

	<p>and other grant opportunities to purchase seats. We will still provide limited services but it will not be as robust as the community has seen in the recent years.</p>	
<p>Informational Presentation Suboxone Program by Mindi Johnson</p>	<p>TCHSA created a guideline for prescribing opioids and distributed to area doctors. Started Medication Assisted Treatment in conjunction with counseling services and behavioral therapy. Dr. Malan has received the special waiver on his license to prescribe; locum also has that license. They have to start at SUR (Substance Use Recovery) for opioid treatment to complete an assessment then scheduled with Dr. Malan at the Clinic. Haven't started any clients on Suboxone yet. There are 12 getting Vivitrol; injection for 28 days to control cravings, or daily oral. Can stop injections whenever they want. Suboxone will be tapered down. Suboxone blocks some of the receptors but not completely. Induction process; must be in withdrawal stage to start the medication and increase dose as they are in the office. Partnered with AGIS methadone clinic in Chico; we can't prescribe but they had grant money and are helping this program, pay for nurse, SUR counselors, MD time, meds for underinsured, training. Vivitrol is \$1500/dose. Suboxone is not expensive. The Clinic also received a grant from DHCS to start MAT in the jail. \$25,000 to start with training and extended and provided \$110,000 to continue the program; screenings in the jail on all inmates after 10 days to determine risk/need and what services would help them – asked for tablets and curriculum for a MAT group at SUR and starting an opioid coalition. Tomorrow Enloe is having an opioid emporium for Butte County to learn more. Greenville Rancheria (GR) is trying to set up a meeting with Phillip and Dr. Malan; they would like Dr. Malan on the registry in addition to Jon Pearson, FNP. Vivitrol samples are free to provide in jail and then can continue when they get out and can use Medi-Cal. Patients at Greenville Rancheria on Suboxone have to get drug tests to make sure they aren't going to overdose. TCHSA and GR have Naloxone. TCHSA has been able to provide Narcan to Red Bluff and Corning police and fire departments. They plan to start giving it to inmates leaving the jail if they are an opioid user. Recently PATH asked</p>	

<p>Empower Tehama</p>	<p>about having it at the shelters. Anyone can walk into CVS and purchase with no prescription. Doctors are required to co-prescribe Narcan if prescribing an opiate. \$70 in a 2-pack. Not harmful if given and patient is not in overdose.</p> <p>Services to families affected by Domestic Violence. Walk-ins are welcome; advocate will assess what will be the best resources. Legal Program to help with restraining orders, tenant disputes, court accompaniment. Housing; transitional and off-site rental assistance (security locks change, electricity, etc.). Emergency shelter in a non-disclosed location can hold 34 people. Transitional Housing units can house 36 people. Case management, crisis counseling, resources, life skills, therapy, children's services. Counseling for adults and children; 3 licensed, 3 associate marriage and family, clinical social worker. Different therapies provided. About 20 children seen per year under CHAT program. Grant allows to see 15 CSEC youth in juvenile hall. 50-75 utilized housing services last year; 192 people; 56 households used transitional housing.</p> <p>Prevention program for teens and integrated in RBHS, Reach, Achieve, & Salisbury. Taught in the health class during freshman year and refresh in junior year. Shasta Cares provides coordinated response to school campuses. Part of CSEC Task Force; 17 children identified in the past two years. SART offers forensic exams at the hospital. Received a grant for child advocacy center; provides wraparound services. 206 Hickory Street. Hoping to open in April. One-Stop Shop for kids; if there is an assault at all agencies would respond to the center to give exam, perform interviews and provide counseling.</p>	
<p>St. Elizabeth's Hospital Update</p>	<p>New Nurse Call System. Construction happening and shift of patients during installation. April 11: Open House for new Women's Health Services (which also serves as family practice), Sister Pat will do a blessing. Dr. Kim Frantz has been doing public presentations; Kris will coordinate to get her to present at an upcoming PHAB meeting. Her goal is to educate service clubs on the community's responsibility in recruitment. They have noticed declining rates of recruitment boil down to crime and limited internet coverage. She has partnered with District Attorneys in Tehama and Shasta</p>	

	<p>to get statistics for recruitment website. Recruitment and Retention is one of her measures she has to report to Kris. The presentations so far have been well received.</p> <p>Dignity Health is ramping up Sports Medicine program. Used to have a very active program in the community. When marketing changed there was no funding so it's more from administration now.</p> <p>Patient Experience is a hot topic. Dignity Health is continuously working to improve on the process.</p>	
<p>Connected Living</p>	<p>Senior Corp – volunteer program federally funded that just completed a survey. Expanded into Glenn, Lassen, Siskiyou, Trinity recruiting for volunteers 55 and over. Survey asked the volunteers how giving back has impacted their life. It shows a lot of positive benefits and new meaning to life. RSVP and Foster Grandparent programs are available in Tehama County. RSVP continues to serve Camp Fire victims with resource bags. Grant will end in March and will have a final report. Re-awarded for another 3 years.</p> <p>Elder Services; will discuss homelessness at March's meeting. Sharon asked if we have a large senior homeless population – Tina will find out some numbers and report back.</p>	
<p>Dept. of Social Services</p>	<p>Customers who get SSI are not entitled to CalFresh program; as of June all SSI will be eligible for CalFresh. DSS staff to create a plan on what to share with agencies and clients and how to train staff and implement. First group will be those who have no current benefits – first time clients. Second group will be those SSI clients on a case with someone else but households will be combined so it will change benefits and could discontinue services. There will be Supplemental and Transitional Benefits. Supplemental: those who receive a decrease. Transitional: those who would be discontinued to cover for a certain period of time, until they reapply or if household status changes. WIC referrals may increase for</p>	

	<p>families with children 0-5. Projecting we have 3,000 individuals additionally in this new program. Hopefully these additional individuals will already be on Medi-Cal otherwise new applicants will need to be provided a next day appointment so staffing is changing as well.</p>	
<p>Greenville Rancheria</p>	<p>Awarded \$75,000. Lucretia goes on Thursdays to the re-entry program for inmates. They can try to get into rehab or get them into counseling or treatment program, get their insurance setup for medical and dental. GR also can provide transportation to out-of-county treatment programs.</p> <p>Drive-Thru Flu Clinic – will be able to participate on both days to provide transportation to the clinics.</p> <p>IHS provides injury prevention grant and GR was awarded. They have two certified technicians on staff; Jennifer & Max. They have car seats and helmets available. This year for suicide prevention there is a campaign to promote gun safety so they're hoping to provide gun safes and gun locks. Also will be purchasing life jackets.</p> <p>Purchased property on Adobe and on Main surrounding Tops. Will expand services starting 2020. Will need to recruit for providers. Did hire a locum full-time but she wanted to be located in Greenville. Another locum came to fill her spot.</p> <p>Have a fire crew and will be starting up an environmental services program; can go test water, survey. Work with UC Davis to return native bones to tribal lands.</p>	
<p>Committee Reports Executive Dental</p>	<p>There are two new applications that will be reviewed at today's meeting.</p> <p>Oral Health program was present at the recent Parents Choice Conference. Mary trained Head Start on dental curriculum.</p>	

Safe Sex After Fundamental Education	Discussed the teen survey they will be releasing soon. There is also a community survey that will be released. Looking at doing a teen focus group. Healthy Youth Act expanded to include charter schools.	
Discussion and Possible Action:	NO action items.	

Next meeting: 4/4/19

Adjourned: 3:12 pm

Minutes by: Ashley Schaack

Reviewed by: Minnie Sagar, MPH, MPA