

Tehama County Provider Directory

Note: All new clients must complete an assessment before receiving mental health services.

All assessments are completed through Tehama County Health Services Agency in either Red Bluff or Corning.

Tehama County Health Services Agency – Behavioral Health Services

<p>Outpatient Clinic 530-527-5631 1860 Walnut Street, Building A, Red Bluff http://www.tehamacohealthservices.net/</p>	<p>Ages: All Specialties: TF-CBT, MRT, CPT, Seeking Safety, WRAP, MI, Co-Occurring, Med Support (including Telepsychiatry)</p>	<p>Languages: English, Spanish, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepting new clients ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
<p>South County Access Site 530-824-4890 275 Solano Street, Corning http://www.tehamacohealthservices.net/</p>	<p>Ages: All Specialties: TF-CBT, MRT, CPT, Seeking Safety, WRAP, MI, Co-Occurring</p>	<p>Languages: English, Spanish, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepting new clients ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
<p>Youth Empowerment Services (YES) 530-527-5631 1900 Walnut Street, Building J, Red Bluff http://www.tehamacohealthservices.net/</p>	<p>Ages: Children and Youth, Transitional Age Youth (16-25) Specialties: TF-CBT, MRT, CPT, Seeking Safety, WRAP, MI, Co-Occurring</p>	<p>Languages: English, Spanish, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepting new clients ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
<p>Vista Way Recovery Center 530-529-4013 1445 Vista Way, Red Bluff http://www.tehamacohealthservices.net/</p>	<p>Ages: Adult, Older Adult (18+) Specialties: MRT, CPT, Seeking Safety, WRAP, MI, Co-Occurring</p>	<p>Languages: English, Spanish, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepting new clients ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
<p>Los Molinos Outreach Center 7883 State Rte. 99E, Los Molinos (no phone, no URL)</p>	<p>Ages: All Specialties: Nurturing Parenting</p>	<p>Languages: English, Spanish, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepting new clients ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities

Outside Service Providers

<p>Children First Counseling Center & Lassen Counseling Services 530-529-9454 590 Antelope Blvd., Ste. B30, Red Bluff http://lassencounseling.com/</p>	<p>Ages: All Specialties: TF-CBT, EMDR, Adoption Competency, DBT, Attachment, Geriatric, FOCUS (military families)</p>	<p>Languages: English, Spanish, Mandarin, Farsi, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepting new clients ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
<p>Remi Vista Inc 3191 Churn Creek Rd, Redding 530-245-5805 https://remivistainc.net/redding/</p>	<p>Ages: Children and Youth Specialties: Therapeutic Behavioral Services (TBS)* (*must be done in conjunction with outpatient therapy)</p>	<p>Languages: English, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepting new clients ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities

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Non-Outpatient Service Providers (only accessed through referral from Tehama County Health Services Agency – TCHSA)

<p>Milhous Children’s Service 24077 Hwy 49, Nevada City 530-265-9057 http://www.milhous.org/</p>	<p>Ages: Children and Youth (13-18) Specialties: Residential Treatment</p>	<p>Languages: English, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
<p>Fred Finch Youth Center 3800 Coolidge Avenue, Oakland 510-482-2244 www.fredfinch.org</p>	<p>Ages: Children and Youth (8-18) Specialties: Residential Treatment, Regional Center</p>	<p>Languages: English, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
<p>Victor Treatment Center Redding 855 Canyon Rd, Redding 530-378-1855 http://www.victor.org/redding</p>	<p>Ages: Children and Youth (8-18) Specialties: Residential Treatment</p>	<p>Languages: English, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
<p>North Valley Behavioral Health 1535 Plumas Court Ste. A, Yuba City 530-790-2520 http://nvbh.com/NVBH/Home.html</p>	<p>Ages: Adults (18+) Specialties: Inpatient Hospitalization</p>	<p>Languages: English, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
<p>Victor Treatment – Santa Rosa 3164 Condo Court, Santa Rosa 707-576-7218 http://www.victor.org/santa-rosa</p>	<p>Ages: Children and Youth (8-18) Specialties: Residential Treatment</p>	<p>Languages: English, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
<p>Star View Adolescent Center 4025 W. 226th St, Torrance 310-373-4556 http://www.starsinc.com/star-view-community-services/star-view-adolescent-center/</p>	<p>Ages: Children and Youth (13-18) Specialties: Inpatient Treatment, Residential Treatment (level 14), Intensive Day Treatment</p>	<p>Languages: English, AT&T language line available, TTD/TTY</p>	<ul style="list-style-type: none"> ✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities

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Charis Youth Center 714 West Main St, Grass Valley 530-477-9800 http://www.charisyouthcenter.org/	Ages: Children and Youth (8-18) Specialties: Residential Treatment	Languages: English, AT&T language line available, TTD/TTY	✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
Youth For Change: The Community Services Building 7204 Skyway, Paradise 530-872-2103 http://www.youth4change.org/	Ages: Children and Youth Specialties: Therapeutic Behavioral Services (TBS)*, Wraparound (*must be done in conjunction with outpatient therapy)	Languages: English, AT&T language line available, TTD/TTY	✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
Victor Community Support Services, Redding 3300 Churn Creek Rd, Redding 530-223-2822 http://www.victor.org/redding-community	Ages: Children and Youth Specialties: Therapeutic Behavioral Services (TBS)* (*must be done in conjunction with outpatient therapy)	Languages: English, AT&T language line available, TTD/TTY	✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
Restpadd Inc PHF 2750 Eureka Way, Redding 530-262-6700 http://www.restpadd.com/	Ages: Adult (18+) Specialties: Inpatient Treatment	Languages: English, AT&T language line available, TTD/TTY	✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
Shasta County Mental Health – CRRC 2640 Breslauer Way, Redding 530-225-5972 www.co.shasta.ca.us	Ages: Children and Youth Specialties: Therapeutic Behavioral Services (TBS)* (*must be done in conjunction with outpatient therapy)	Languages: English, AT&T language line available, TTD/TTY	✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
Psynergy – Morgan Hill 18217 Hale Avenue, Morgan Hill 408-412-7202 http://www.psynergy.org/	Ages: Adult (18+) Specialties: Residential Treatment	Languages: English, AT&T language line available, TTD/TTY	✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities

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Restpadd Health Corp 925 Walnut St., Red Bluff 530-567-7300 http://restpaddhealth.com/	Ages: Youth (13-18), Adult (18+) Specialties: Inpatient Treatment	Languages: English, AT&T language line available, TTD/TTY	<ul style="list-style-type: none"> ✓ Accepts clients through referral from TCHSA ✓ Trained in cultural competency ✓ Accommodations for people with physical disabilities
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Acronyms Used	
TF-CBT	Trauma Focused Cognitive Behavioral Therapy
MRT	Moral Reconation Therapy
WRAP	Wellness Recovery Action Plan
CPT	Cognitive Processing Therapy (trauma-focused)
EMDR	Eye Movement Desensitization and Reprocessing (trauma-focused)
DBT	Dialectical Behavioral Therapy
FOCUS	Families Over-Coming Under Stress
MI	Motivational Interviewing