

MENTAL HEALTH DIVISION OVERVIEW

The Mental Health Division serves residents of Tehama County who are experiencing emotional problems, including depression and anxiety, or more serious illnesses such as schizophrenia and bipolar disorder. We serve any person in crisis because of mental health problems, adults with serious and persistent mental disorders, and children (up to age 18) with serious emotional disability or who are at risk of not making appropriate developmental progress because of emotional problems.

Mental Health is committed to providing services that are recovery based, utilizing practices that are individualized, culturally appropriate and focus on positive outcomes. Mental Health Services Act (MHSA) programs are in development to further these goals.

Services Available:

- 24-hour telephone or walk-in crisis intervention. Information, referral and up to 23 hours of crisis stabilization.
- Linkage to psychiatric inpatient hospitals, if necessary.
- A full system of care approach, including individual, group and family counseling.
- Dual diagnosis services for clients with mental health and substance abuse issues.
- Adult Day Rehabilitation Program to provide social and rehabilitation therapy, with a focus on personal independence and functioning.
- School-based mental health services to youth with mental health treatment needs as identified by Department of Education and Mental Health staff.
- Specialized dual diagnosis services to youth with mental health and substance abuse treatment needs as identified by Tehama County Probation Department and Mental health staff.
- Medication therapy provided by psychiatrists, including a Clozaril Clinic.
- Early Periodic Screening Diagnosis and Treatment (EPSDT) Program for children and youth under 21 with full coverage Medi-Cal.
- Fees are assessed according to income on a unique sliding scale based on ability to pay.
- Medi-Cal accepted.